

New Mexico Diabetes Advisory Council

2023 Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 4-year grant are to:

Goal 1: Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based Chronic Disease Self-Management Education (CDSME) and self-management support programs to empower them to better manage their chronic conditions.

Goal 2: Identify and implement one or more robust strategies that will promote the sustainability of evidence-based self-management education and self-management support programs.

Strategies and Activities

The grantee and its partners will:

- Fully engage New Mexico's Community Health Workers (CHWs) and Community Health Representatives (CHRs) via orientation to CDSME programs.
- Train coaches and implement the Program to Encourage Active Rewarding Lives (PEARLS) program using CHWs, CHRs, and County Extension Agents.
- Facilitate systems for CHW billing for these programs via new legislation for Medicaid in New Mexico.

Proposed Interventions

- Diabetes Self-Management Program (DSMP) (in-person and remote)
- Programa de Manejo Personal de la Diabetes (Spanish DSMP) (in-person and remote)
- PEARLS (in-person and remote)

Prevention and Public Health Fund 2023, effective May 1, 2023



Partnerships

To achieve the goals of the grant, grantee will collaborate with the following key partners:

- New Mexico Dept of Health, Public Health Division of Population and Community Health Bureau
- Office of Community Health Workers (New Mexico Department of Health)
- New Mexico State University- Cooperative Extension
- New Mexico Aging and Long-Term Services Department and relevant Area Agencies on Aging

Anticipated Results

The grantee and its partners propose to achieve the following results:

- Educate at least 400 CHWs about the curriculum and availability of all proposed programs.
- Train 50 new program leaders in DSMP and/or Spanish DSMP and 40 PEARLS coaches.
- Engage at least 400 DSMP or Spanish DSMP participants (300 completers).
- Engage at least 100 PEARLS participants.
- Secure Medicaid and Medicare reimbursement for the delivery of CDSMP by certified CHWs.

Contact:

Dianne Christiansen, MS NMCEP
NMDAC Coordinator dianne@nmsu.edu

Sue Perry, Ph.D, LPCC
PEARLS Lead
drsuep@me.com

For more information:

Administration for Community Living
U.S. Department of Health and Human Services
Washington, DC 20201
<http://www.acl.gov>

Prevention and Public Health Fund 2023, effective May 1, 2023

